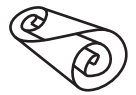


# Voluptuous



## Appliqué Block Design workshop with Cara Gulati

### Create your own original block design!

Learn to design your own blocks with wild curvy seams.

Freezer paper, glue and invisible thread are some of our tools.

A light box creates transparency.

Color gradations can make amazing impact!

### Supply List

- Paper for designing blocks Letter size is fine.
- Freezer paper
- Pencil(s), eraser and sharpener
- Thin line felt tipped pen
- Masking Tape
- Paper scissors
- Fabric scissors
- Washable Glue stick (I like the Avery glue sticks)
- Invisible thread
- Thread in any color you like for piecing
- Empty bobbin
- Iron and ironing surface
- Light Box
- Sewing Machine that does a zigzag stitch with your manual
- Open toed sewing foot or see-through sewing foot for your machine
- Extension table for your sewing machine if you have one
- Rotary cutter and mat (11" X 17" min.)
- See through rulers: 12" square (or larger if you like to work big) for squaring up blocks
- Fabric: The most successful blocks will be made with fabrics that contrast well with each other. Half yard pieces would be preferable since we will be working with some interesting shapes, but if you desire to work small, quarter yards could work too. More is better, but bring a minimum of 10 – 14 pieces of fabric or more. If you are unsure of what to bring, either bring more, and/or bring your wallet if we are somewhere you can shop. Make sure you like the way your 10 - 14 fabric choices look together. You probably won't use them all, but you might. Remember, this is a design class, and just like paint, you need some choices. But unlike paint, you can't mix your fabrics with a brush to create new colors.
  - I like to use rainbow gradations in my work, including lights, mediums and darks of each color. Most of my "prints" are tone-on-tone subtle patterns. Bring fabric you actually like.
- Optional: I can do a demo of free motion quilting and binding by machine. If you want to try it, bring a small quilt sandwich and a free-motion or darning foot for the quilting. You will also need a 2½" strip of fabric, a quarter inch foot and a zipper foot to play with binding by machine.

Questions? Call me!

Cara Gulati

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